



Welcome to Essentials

Get Ready to Lead

- [Session Preparation Overview](#)
- [Sample Group Discussion Flow](#)
- [Mini-Journal Cards](#)
- [Do-it-Yourself Card Sleeve](#)

A
track

How to help people begin to grow spiritually and multiply

4 Walks

- m f n s r l ■ m

- **Assured:** Gaining assurance of salvation [MJ](#)
- **Forgiven:** Experiencing God's forgiveness [MJ](#)
- **Filled:** Being filled with the Holy Spirit [MJ](#)
- **Continually:** Relate to God all the time [MJ](#)

4 Talks

- m n ■ m s l ■ , ■ n m

- **Apply:** Studying and applying the Bible [MJ](#)
- **Pray:** Talking with God [MJ](#)
- **Witness:** Witnessing to non-Christians [MJ](#)
- **Fellowship:** Having fellowship with Christians [MJ](#)

4 Ministries

- m n s m m l s n m ,

- **Love:** Realizing love is the foundation for ministry [MJ](#)
- **Win:** Helping people come to know God [MJ](#)
- **Build:** Helping people grow to be true followers of Jesus .. [MJ](#)
- **Send:** Helping followers of Jesus minister to others [MJ](#)

B
track

How to help Christians continue to grow spiritually and multiply

4 Facts

- m f n m m n s n c ,

- **God:** Respecting Jesus as God [MJ](#)
- **Man:** Knowing Jesus understands our problems [MJ](#)
- **Savior:** Knowing why Jesus died for our sins [MJ](#)
- **Servant:** Helping and serving others as Jesus did [MJ](#)

4 Helps

- m n s l ■ , ■ n m

- **Power:** Experiencing God's power for living [MJ](#)
- **Truth:** Discerning what is true [MJ](#)
- **Peace:** Experiencing peace in overwhelming situations [MJ](#)
- **Words:** Expressing spiritual truth [MJ](#)

4 Attitudes

- m n ■ m

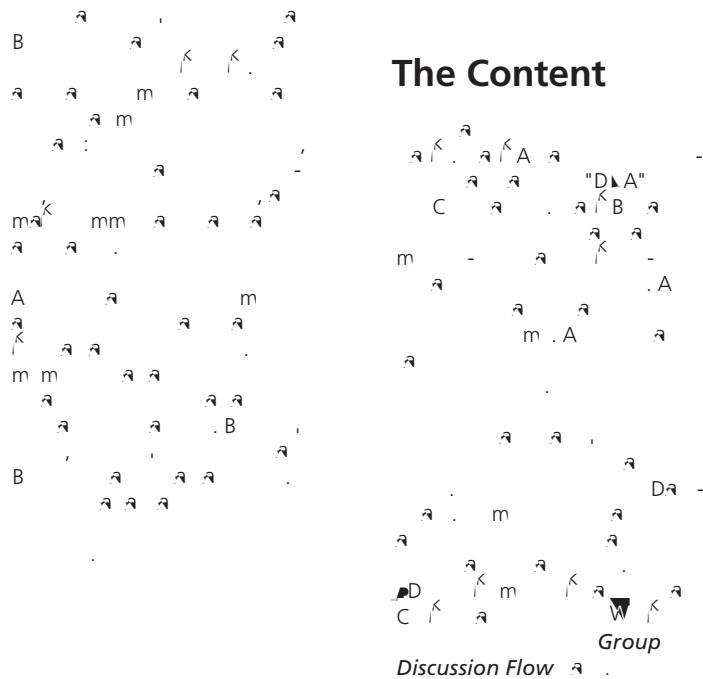
- **Trust:** Trusting God rather than yourself [MJ](#)
- **Love:** Loving and worshipping God wholeheartedly..... [MJ](#)
- **Obey:** Doing what pleases God..... [MJ](#)
- **Use:** Using well what God gives you, for His purpose [MJ](#)



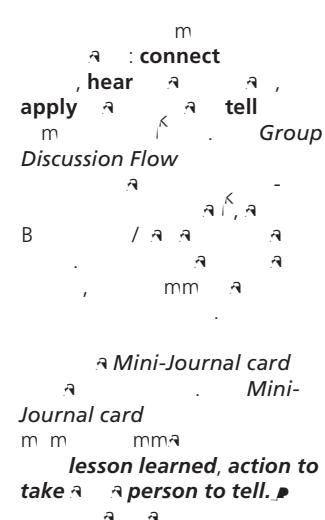
Welcome to Essentials for Spiritual Growth and Multiplication!

This is a small group discussion series designed to help people grow in Christ and get involved in ministry and multiplication as soon as possible.

The Format



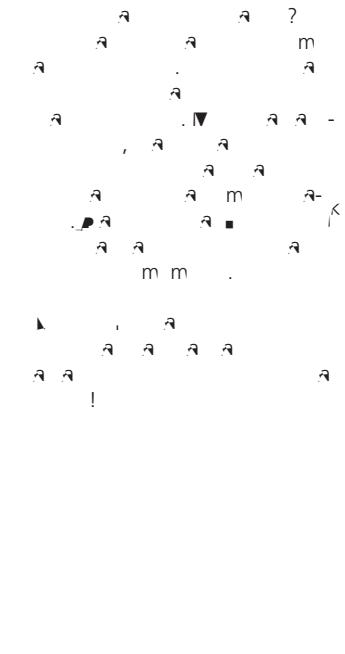
The Discussion



Get Going

Get ready

Notes and Preparation Checklist
 Mini-Journal cards, pre-designed sleeve

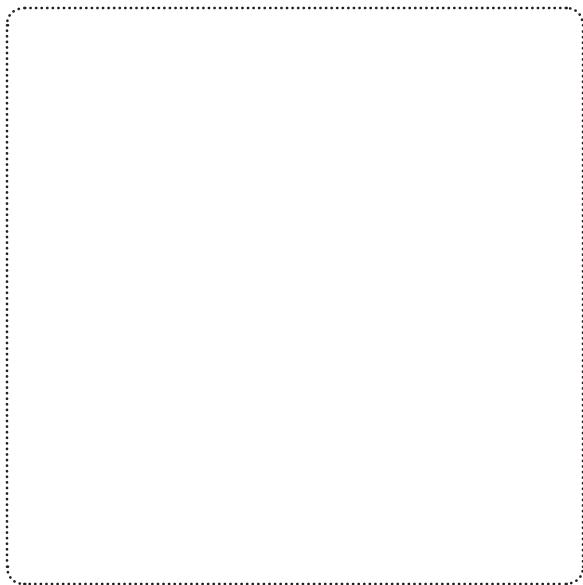


Get Ready: Sample Group Discussion Flow

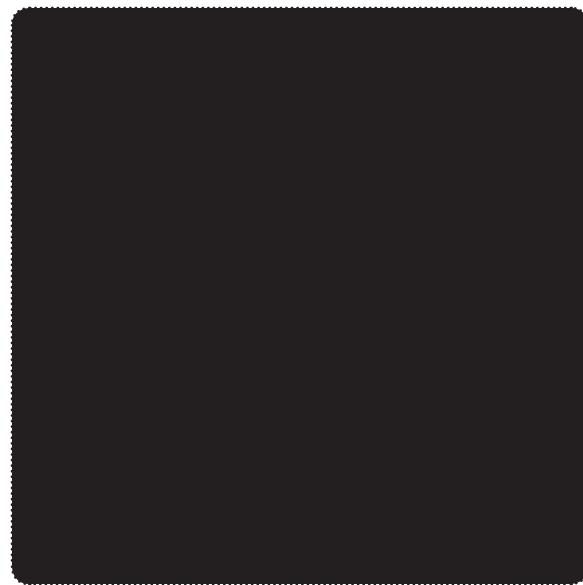


To prepare for the first session using this how-to guide, go to the first topic, [4 Walks-Assured](#). The session has four parts, which are explained below.

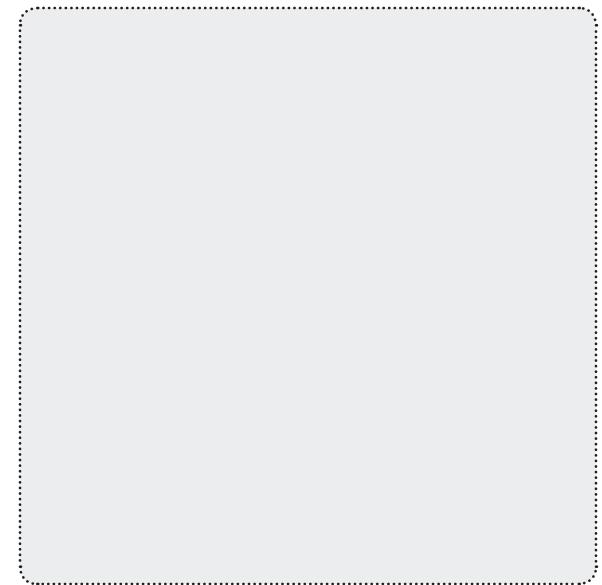
Get Ready: Printing Mini-Journal Cards



Feed Avery® 5392™ perforated name badge insert (available at office supply stores) into your ink jet or laser printer.



Go to a Mini-Journal card template in this document and print. There are six cards per sheet. **To achieve proper alignment to the template, SET PAGE SCALING TO NONE in the print dialog box!**



Fold and separate cards along perforations and give to each group member.

4 Walks: Assured

Be sure of your personal relationship with God



A

Group Discussion Flow

connect with needs

- ▶ A : .
- ▶ B : m m
- ▶ C : "Relationships thrive on acceptance and assurance."

"Let me tell you how I have experienced this."

"Tell us how you have experienced this."

- ▶ B : ,
"This is also true in a relationship with God."

hear what God says

Luke 15:11–24 (story)
1 John 5:11–13

C mm :

Luke 15:11–24 —

1 John 5:11–13 —

What do you think this passage teaches us?

What can we learn about God or our response to God?

How do you think this passage relates to the statement we discussed earlier: "Relationships thrive on acceptance and assurance"?

apply that to life

lesson learned

D : Why don't we always experience assurance in our personal relationship with God?

What is one action you can take this week to begin to feel more assured?

action to take.

Would You Like to Know God Personally? Connecting With God

notes and preparation checklist

pray

- A : m.
- B : m m

connect

- D : m connect hear.

notes and preparation checklist

hear

- A : .
- Luke 15:11–24

1. What are some evidences of the father's love and acceptance of the rebellious son?
2. In what ways were the son's thoughts and actions reflective of the father's love and acceptance?
3. What are some things we can learn about relationships from this story?

- 1 John 5:11–13

1. What does this passage teach us about the source of eternal life?
2. What was the intended impact on the readers of this passage, and how does that help us in our relationship with God?

notes and preparation checklist

apply

- D : m hear apply.
- B : .

[Assured Mini Journal](#).

notes and preparation checklist

tell

- A : m m
- B : m m m

tell

4 Walks: Forgiven

Be sure you experience God's forgiveness, so you can have a close relationship with Him



A

Group Discussion Flow

connect with needs

- ▶ A : **action to take**
person to tell
- ▶ C : "Forgiveness gives a relationship a fresh start."
- ▶ D : "Let me tell you how I have experienced this."
- ▶ E : "Tell us how you have experienced this."
- ▶ F : **B**

hear what God says

Luke 7:36–50 (story)
1 John 1:9–2:2
Ephesians 3:11–12

C mm :
Luke 7:36–50 —
1 John 1:9–2:2 —

Ephesians 3:11–12 — B

- ▶ D : What do you think this passage teaches us?
- ▶ E : What can we learn about God or our response to God?
- ▶ F : How do you think this passage relates to the statement we discussed earlier: "Forgiveness gives a relationship a fresh start"?

apply that to life

▶ A : "Be sure you experience God's forgiveness, so you can have a close relationship with Him." ■ m

lesson learned

- ▶ D : Why don't we always experience the forgiveness that God offers us?

What is one action you can take this week to experience that forgiveness?

action to take.

notes and preparation checklist

pray

- A m.
- B m m .

connect

- C m
- D m **connect hear.**

notes and preparation checklist

hear

- A m
- B m m
- C m
- D m

Luke 7:36–50

1. What are some differences between how the religious leader viewed the sinful woman and how Jesus viewed her?
2. What can we learn from verses 40 – 47, where Jesus tells the debt cancellation illustration and applies it to the attitudes of the religious leader and the woman?
3. What do you suppose was the impact on the woman when she heard that her sins had been forgiven?

1 John 1:9–2:2

1. Would you agree that all people sin? What has led you to your conclusion?
2. What does this passage say is the solution to our sin problem? What must we do to take advantage of that solution?

Ephesians 3:11–12

In what ways does our faith in Christ impact our relationship with God?

notes and preparation checklist

apply

- A m
- B m
- C m
- D m

Forgiven Mini Journal.

tell someone they know

- ▶ A : m
- ▶ B : m
- ▶ C : m
- ▶ D : m
- ▶ E : m
- ▶ F : m

notes and preparation checklist

tell

- A m
- B m
- C m
- D m
- E m
- F m

4 Walks: Filled

Be sure you are filled with the Holy Spirit, so you can have power for living



A

Group Discussion Flow

connect with needs

- ▶ A : **action to take** (person to tell)
- ▶ B : "Often we need help to do a difficult assignment."
- ▶ C : "Let me tell you how I have experienced this."
- ▶ D : "Tell us how you have experienced this."
- ▶ E : "This is also true in a relationship with God."

hear what God says

Ephesians 3:16–20
Ephesians 5:18–21
John 18:15–18 (story)
Acts 2:14–22 (story)

John 18:15–18
2:14–22 — Acts

What do you think this passage teaches us?

What can we learn about God or our response to God?

How do you think this passage relates to the statement we discussed earlier: "Often we need help to do a difficult assignment"?

apply that to life

▶ A : "Be sure you are filled with the Holy Spirit, so you can have power for living." **lesson learned**

▶ D : Why don't we always seek to walk in the power of the Holy Spirit?

What is one action you can take this week to live in the power of the Holy Spirit?

action to take.

Satisfied?

tell someone they know

▶ A : **person to tell.**

notes and preparation checklist

pray

- A : m.
- B : m m .

connect

- C : m
- D : m **connect** hear.

notes and preparation checklist

hear

- Ephesians 3:16–20

1. What are some benefits believers will experience if they take advantage of the presence of the Spirit in their lives?
2. If we possess such power and such a sense of how much God loves us, in what ways might that affect our daily lives?

- Ephesians 5:18–21

1. What are some specific behaviors that result from being filled with the Spirit?

notes and preparation checklist

apply

- D : m **hear** apply.

- B : m m m m m m m

- C : **Filled Mini Journal.**

notes and preparation checklist

tell

- A : m m m m m m tell

4 Walks: Continually

Relate to God all the time



A

Group Discussion Flow

connect with needs

- ▶ A : **action to take.**
person to tell
- ▶ B : m m

▶ C : "A relationship with a person greatly benefits from frequent interaction."

"Let me tell you how I have experienced this."

"Tell us how you have experienced this."

▶ D : B
"This is also true in a relationship with God."

hear what God says

C :
Philippians 4:4–9
Psalm 16:8–9
1 Kings 19:9–18 (story)

C mm :
Philippians 4:4–9 —

Psalm 16:8–9 —

D : m.
1 Kings 19:9–18 —

D : m m

What do you think this passage teaches us?
What can we learn about God or our response to God?
How do you think this passage relates to the statement we discussed earlier: "A relationship with a person greatly benefits from frequent interaction"?

apply that to life

D : "Relate to God all the time."
lesson learned

D : Why don't we continually relate to God?

What is one action you can take this week to begin to relate to God more often?

D : **action to take.**

notes and preparation checklist

pray

- A m.
- B m m

connect

- C m am
- D m connect hear.

notes and preparation checklist

hear

- A : m.
- Philippians 4:4–9

- What specific topics of interaction with God are mentioned in this passage?
 - What seem to be some positive outcomes which result from these interactions with God?
- Psalm 16:8–9
- What positive outcomes in King David's life result from focusing on the Lord continually?

notes and preparation checklist

apply

- D m hear apply.
- B m m m m m m
- C Continually Mini Journal.

tell someone they know

tell someone they know

A : m m m m
m m m m

B : person to tell.

See the Dashboard, "4 Talks".

4 Talks: Pray

Talk things through with God whenever you can



A

Group Discussion Flow

connect with needs

- **A** *action to take*
person to tell
 - **m m**
 - **m m** : "Most people like to 'talk things through' with a friend."
 - **m m** : "Let me tell you how I have experienced this."
 - **m m** : "Tell us how you have experienced this."
 - **B** *This is also true in the Christian life.*"

hear what God says

- () B / C
1 Kings 3:5-14 (story)
Nehemiah 1:5(e)-10(e)-19(r)-1

apply that to life

- A m m
► ■ m m m
(o)-12(6)(n)(d)72(h)-52(s)-25(:)TJ T11 1 Tf -0.096

tell someone they know

- m m m m m m

notes and preparation checklist	notes and preparation checklist	notes and preparation checklist	notes and preparation checklist
		<p>apply</p> <p><input type="checkbox"/> D <input type="checkbox"/> m hear apply.</p> <p><input type="checkbox"/> B <input type="checkbox"/> m .</p> <p><input type="checkbox"/>  Pray Mini Journal.</p>	

4 Talks: Witness

Spread the word about Christ with your non-Christian friends and acquaintances



A

Group Discussion Flow

connect with needs

- ▶ A : **action to take**
person to tell
- ▶ D : "It is normal for news to spread when people who know about a subject tell others."
- ▶ C : "Let me tell you how I have experienced this."
- ▶ B : "Tell us how you have experienced this."
- ▶ A : "This is also true in the Christian life."

hear what God says

- ▶ A : **Matthew 28:18–20**
John 4:19–41 (story)
Acts 4:1–13 (story)
- ▶ C : **Matthew 28:18–20 —**
- ▶ C : **John 4:19–41 —**

Acts 4:1–13 —

- ▶ D :
 - What do you think this passage teaches us?
 - What can we learn about God or our response to God?
 - How do you think this passage relates to the statement we discussed earlier: "It is normal for news to spread when people who know about a subject tell others"?

apply that to life

- ▶ A : "Spread the word about Christ with your non-Christian friends and acquaintances." ■ **lesson learned**
- ▶ D :
 - What are some barriers to talking about Christ with non-Christians?
 - What is one action you can take this week to have a spiritual conversation with someone who doesn't know Christ?
- ▶ C : **action to take.**

tell someone they know

- ▶ A : **m**
person to tell.
- ▶ D : **m**
- ▶ C : **m**

notes and preparation checklist

- pray**
 - A m.
 - B m m .
- connect**
 - C m am
 - D m **connect hear.**

notes and preparation checklist

- hear**
 - A : **Matthew 28:18–20**
 - 1. What did Jesus command His disciples to do?
 - 2. Why do you think Jesus considered this important to tell His disciples?
 - 3. Why do you think it is important for us to do the same things today?
 - John 4:19–41
 - 1. Do you think the woman at the well concluded that Jesus was an important person to listen to? Why?

notes and preparation checklist

- apply**
 - D m **hear apply.**
 - B m .
 - C m .
- D **Witness Mini Journal.**

notes and preparation checklist

- tell**
 - A m m
 - B m m
 - C m m

4 Talks: Fellowship

Form close relationships with true followers of Jesus, for support and encouragement



A

Group Discussion Flow

connect with needs

- ▶ A : **action to take**
person to tell
- ▶ B : "Relationships with friends provide support and encouragement."
- ▶ C : "Let me tell you how I have experienced this."
- ▶ D : "Tell us how you have experienced this."
- ▶ E : "This is also true in the Christian life."

hear what God says

- ▶ A : **Hebrews 10:24-25**
Acts 2:42-47 (story)
Acts 1:12-15 (story)
- ▶ B : **Hebrews 10:24-25 —**
- ▶ C : **Acts 2:42-47 —**
- ▶ D : **4 Talks – Apply.**

Acts 1:12-15 —

- ▶ D : **What do you think this passage teaches us?**
- ▶ E : **What can we learn about God or our response to God?**
- ▶ F : **How do you think this passage relates to the statement we discussed earlier: "Relationships with friends provide support and encouragement"?**

apply that to life

- ▶ A : "Form close relationships with true followers of Jesus, for support and encouragement." **lesson learned**

- ▶ D : **What can keep us from forming close relationships with other Christians?**

- ▶ E : **What is one action you can take this week to begin to overcome those barriers?**

action to take.

notes and preparation checklist

- | | |
|----------------------------|------------------------|
| pray | |
| <input type="checkbox"/> A | m. |
| <input type="checkbox"/> B | m m . |
| connect | |
| <input type="checkbox"/> C | m am . |
| <input type="checkbox"/> D | m connect hear. |

notes and preparation checklist

- | | |
|---|--|
| hear | |
| A : | |
| <input type="checkbox"/> Hebrews 10:24-25 | |
| 1. What are some benefits of getting together with other believers? | |
| 2. How have you experienced the benefits of friendship in a Christian context? | |
| <input type="checkbox"/> Acts 2:42-47 | |
| What are some evidences in this passage that the new believers were relating to one another often and well? | |

notes and preparation checklist

- | | |
|---------------------------------|----------------------|
| apply | |
| <input type="checkbox"/> D | m hear apply. |
| <input type="checkbox"/> B | m . |
| <input type="checkbox"/> C | m . |
| Fellowship Mini Journal. | |

notes and preparation checklist

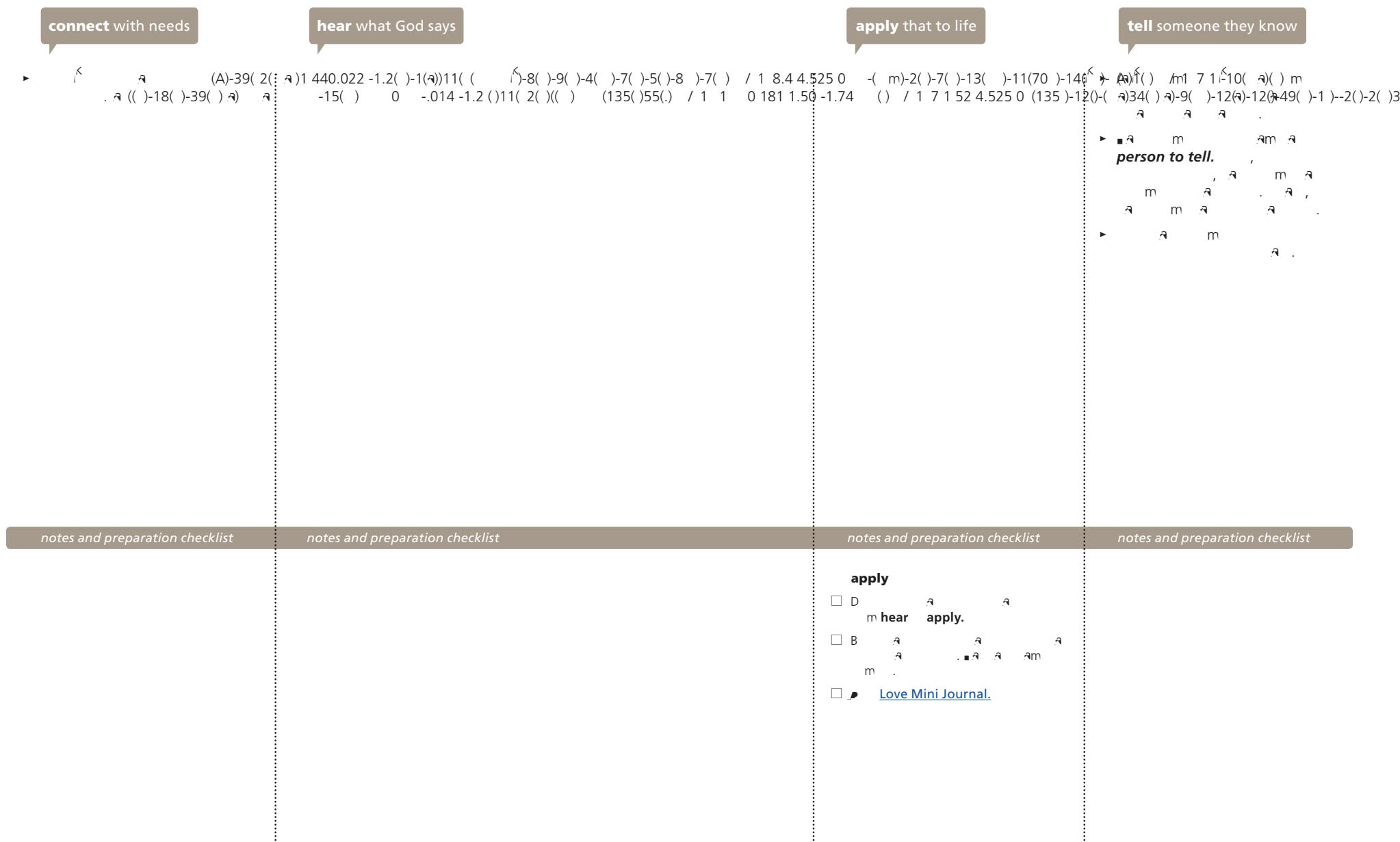
- | | |
|----------------------------|-------|
| tell | |
| <input type="checkbox"/> A | m . |
| <input type="checkbox"/> B | m m . |
| <input type="checkbox"/> C | m . |
| <input type="checkbox"/> D | m . |
| tell | |

4 Ministries: Love



A

Group Discussion Flow



4 Ministries: Win

We can help people come to know God



A

Group Discussion Flow

connect with needs

- ▶ A : **action to take**
person to tell
- ▶ B : "People need to know God personally."
- ▶ C : "Let me tell you how I have experienced this."
- ▶ D : "Tell us how you have experienced this."
- ▶ E : "God uses people to show others how to know Him personally."

hear what God says

Acts 1:8
Matthew 4:18–22 (story)
Matthew 5:14–16

Matthew 5:14–16 — ●

What do you think this passage teaches us?

What can we learn about God or our response to God?

How do you think this passage relates to the statement we discussed earlier: "People need to know God personally" (and whether we can help in that)?

apply that to life

▶ A : "We can help people come to know God." **lesson learned**

▶ D : What are some things that keep us from talking about Christ?

What is one action you can take this week to share Christ with someone who doesn't know Him?

action to take.

notes and preparation checklist

pray

- A m.
- B m m .

connect

- C A m am
- D m **connect hear.**

notes and preparation checklist

hear

- A A m

Acts 1:8

What seemed to be most on Jesus' mind to leave as a final impression with His disciples?

- 1:8 A A m

Matthew 4:18–22

1. What kinds of thoughts and daily activities do you suppose occupied the minds of fishermen like Peter and Andrew?

notes and preparation checklist

apply

- D m **hear apply.**

- B A A m m m

[Win Mini Journal.](#)

tell someone they know

- A A m m m
- B m m m m m

- C m m m

notes and preparation checklist

tell

- D A A m m m
- E A A m m m

4 Ministries: Build

We can help people grow to be true followers of Jesus



A

Group Discussion Flow

connect with needs

- ▶ A : **action to take**
person to tell
- ▶ D : "People need to grow in their relationship with God."
- ▶ C :
"Let me tell you how I have experienced this."
- ▶ B : "God uses Christians to help other Christians grow in their relationship with God."

hear what God says

1 Thessalonians 2:7–13 (story) 2 Timothy 4:2

1 Thessalonians 2:7–13 —

2 Timothy 4:2 —

notes and preparation checklist

pray

- A m.
- B m m .

connect

- D m **connect hear.**

apply that to life

▶ A : "We can help people grow to be true followers of Jesus."
lesson learned

▶ D : What are some things that keep us from growing in our relationship with God?

What is one action you can take this week to help another person grow in his or her relationship with God?

action to take.

notes and preparation checklist

hear

1 Thessalonians 2:7–13

- What are some ways to describe the efforts Paul made to build into the lives of Christians in Thessalonica?
- What are some evidences of Paul's commitment and intentionality?

2 Timothy 4:2

▶ B : B , Having seen Paul's model of ministry, let's look at his exhortation to minister.

notes and preparation checklist

apply

- D m **hear apply.**

- B m m .

- B **Build Mini Journal.**

tell someone they know

▶ A : m m m m
person to tell.

▶ B : m m m m

▶ C : m m m m

▶ D : m m m m

▶ E : m m m m

▶ F : m m m m

▶ G : m m m m

▶ H : m m m m

▶ I : m m m m

▶ J : m m m m

▶ K : m m m m

▶ L : m m m m

▶ M : m m m m

▶ N : m m m m

▶ O : m m m m

▶ P : m m m m

▶ Q : m m m m

▶ R : m m m m

▶ S : m m m m

▶ T : m m m m

▶ U : m m m m

▶ V : m m m m

▶ W : m m m m

▶ X : m m m m

▶ Y : m m m m

▶ Z : m m m m

▶ AA : m m m m

▶ BB : m m m m

▶ CC : m m m m

▶ DD : m m m m

▶ EE : m m m m

▶ FF : m m m m

▶ GG : m m m m

▶ HH : m m m m

▶ II : m m m m

▶ JJ : m m m m

▶ KK : m m m m

▶ LL : m m m m

▶ MM : m m m m

▶ NN : m m m m

▶ OO : m m m m

▶ PP : m m m m

▶ QQ : m m m m

▶ RR : m m m m

▶ SS : m m m m

▶ TT : m m m m

▶ UU : m m m m

▶ VV : m m m m

▶ WW : m m m m

▶ XX : m m m m

▶ YY : m m m m

▶ ZZ : m m m m

▶ AA : m m m m

▶ BB : m m m m

▶ CC : m m m m

▶ DD : m m m m

▶ EE : m m m m

▶ FF : m m m m

▶ GG : m m m m

▶ HH : m m m m

▶ II : m m m m

▶ JJ : m m m m

▶ KK : m m m m

▶ LL : m m m m

▶ MM : m m m m

▶ NN : m m m m

▶ OO : m m m m

▶ PP : m m m m

▶ QQ : m m m m

▶ RR : m m m m

▶ SS : m m m m

▶ TT : m m m m

▶ UU : m m m m

▶ VV : m m m m

▶ WW : m m m m

▶ XX : m m m m

▶ YY : m m m m

▶ ZZ : m m m m

▶ AA : m m m m

▶ BB : m m m m

▶ CC : m m m m

▶ DD : m m m m

▶ EE : m m m m

▶ FF : m m m m

▶ GG : m m m m

▶ HH : m m m m

▶ II : m m m m

▶ JJ : m m m m

▶ KK : m m m m

▶ LL : m m m m

▶ MM : m m m m

▶ NN : m m m m

▶ OO : m m m m

▶ PP : m m m m

▶ QQ : m m m m

▶ RR : m m m m

▶ SS : m m m m

▶ TT : m m m m

▶ UU : m m m m

▶ VV : m m m m

▶ WW : m m m m

▶ XX : m m m m

▶ YY : m m m m

▶ ZZ : m m m m

▶ AA : m m m m

▶ BB : m m m m

▶ CC : m m m m

▶ DD : m m m m

▶ EE : m m m m

▶ FF : m m m m

▶ GG : m m m m

▶ HH : m m m m

▶ II : m m m m

▶ JJ : m m m m

▶ KK : m m m m

▶ LL : m m m m

▶ MM : m m m m

▶ NN : m m m m

▶ OO : m m m m

▶ PP : m m m m

▶ QQ : m m m m

▶ RR : m m m m

▶ SS : m m m m

▶ TT : m m m m

▶ UU : m m m m

▶ VV : m m m m

▶ WW : m m m m

▶ XX : m m m m

▶ YY : m m m m

▶ ZZ : m m m m

▶ AA : m m m m

▶ BB : m m m m

▶ CC : m m m m

▶ DD : m m m m

▶ EE : m m m m

▶ FF : m m m m

▶ GG : m m m m

▶ HH : m m m m

▶ II : m m m m

▶ JJ : m m m m

▶ KK : m m m m

▶ LL : m m m m

▶ MM : m m m m

▶ NN : m m m m

▶ OO : m m m m

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▶ II : m m m m

▶ JJ : m m m m

▶ KK : m m m m

▶ LL : m m m m

▶ MM : m m m m

▶ NN : m m m m

▶ OO : m m m m

▶ PP : m m m m

▶ QQ : m m m m

▶ RR : m m m m

▶ SS : m m m m

▶ TT : m m m m

▶ UU : m m m m

▶ VV : m m m m

▶ WW : m m m m

▶ XX : m m m m

▶ YY : m m m m

▶ ZZ : m m m m

▶ AA : m m m m

▶ BB : m m m m

▶ CC : m m m m

▶ DD : m m m m

▶ EE : m m m m

▶ FF : m m m m

▶ GG : m m m m

▶ HH : m m m m

▶ II : m m m m

▶ JJ : m m m m

▶ KK : m m m m

▶ LL : m m m m

▶ MM : m m m m

▶ NN : m m m m

▶ OO : m m m m

▶ PP : m m m m

▶ QQ : m m m m

▶ RR : m m m m

▶ SS : m m m m

▶ TT : m m m m

▶ UU : m m m m

▶ VV : m m m m

▶ WW : m m m m

▶ XX : m m m m

▶ YY : m m m m

▶ ZZ : m m m m

▶ AA : m m m m

▶ BB : m m m m

▶ CC : m m m m

▶ DD : m m m m

▶ EE : m m m m

▶ FF : m m m m

▶ GG : m m m m

▶ HH : m m m m

▶ II : m m m m

▶ JJ : m m m m

▶ KK : m m m m

▶ LL : m m m m

▶ MM : m m m m

▶ NN : m m m m

▶ OO : m m m m

▶ PP : m m m m

▶ QQ : m m m m

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▶ SS : m m m m

▶ TT : m m m m

▶ UU : m m m m

▶ VV : m m m m

▶ WW : m m m m

▶ XX : m m m m

▶ YY : m m m m

▶ ZZ : m m m m

4 Facts: God

Jesus is God, so we should respect Him and listen to what He says



B

Group Discussion Flow

connect with needs

- ▶ A : **action to take.** *A person to tell.*
- ▶ B : *"Sometimes things happen that seem beyond human power or explanation."*
- ▶ C : *"Let me tell you how I have experienced this."*
- ▶ D : *"Tell us how you have experienced this."*
- ▶ E : *"The life of Jesus on earth 2000 years ago contained many evidences that He was God – living beyond human power or explanation."*

hear what God says

Mark 1:29–34 (story)
Mark 6:35–44 (story)
Mark 16:1–8 (story)

Mark 1:29–34 —
Mark 6:35–44 —
Mark 16:1–8 —

What do you think this passage teaches us?

What can we learn about God or our response to God?

How do you think this passage relates to the statement we discussed earlier: "Sometimes things happen that seem beyond human power or explanation"?

apply that to life

▶ A : *"Jesus is God, so we should respect Him and listen to what He says."* ■ m **lesson learned**

▶ D : *What are some things that keep us from treating Jesus with the respect He deserves?*

What is one action you can take this week to respect Jesus more?

action to take.

notes and preparation checklist

- | | |
|----------------------------|------------------------|
| pray | |
| <input type="checkbox"/> A | m. |
| <input type="checkbox"/> B | m m . |
|
 | |
| connect | |
| <input type="checkbox"/> C | m am . |
| <input type="checkbox"/> D | m connect hear. |

notes and preparation checklist

- | | |
|--|-----|
| hear | |
| A | m : |
| <input type="checkbox"/> Mark 1:29–34 | |
| <i>What are some evidences here that Jesus was more than a mere human being?</i> | |
| <input type="checkbox"/> Mark 6:35–44 | |
| <i>If you were one of Jesus' disciples watching this miracle happen, what might you be thinking about Jesus?</i> | |

notes and preparation checklist

- | | |
|----------------------------|-----------------------------------|
| apply | |
| <input type="checkbox"/> D | m hear apply. |
| <input type="checkbox"/> B | m m . |
|
 | |
| <input type="checkbox"/> E | God Mini Journal. |

tell someone they know

- ▶ A : *m*
- ▶ B : *m*
- ▶ C : *m*
- ▶ D : *m*
- ▶ E : *m*

notes and preparation checklist

- | | |
|----------------------------|-------------|
| tell | |
| <input type="checkbox"/> A | m m . |
| <input type="checkbox"/> B | m m . |
| <input type="checkbox"/> C | m m . |
| <input type="checkbox"/> D | m m . |
| <input type="checkbox"/> E | tell |

4 Facts: Man

Jesus was also a human being, so we can know He understands our problems and we can trust Him more



B

Group Discussion Flow

connect with needs

- ▶ A : **action to take.** *person to tell.*
- ▶ B : *"When we take time to get to know people, they sense we understand them better and they trust us more."*
- ▶ C : *"Let me tell you how I have experienced this."*
- ▶ D : *"Tell us how you have experienced this."*
- ▶ E : *"This is an important reason Jesus came to live on earth — so people would know He understands them and their problems."*

hear what God says

Matthew 9:35–37 (story)
John 11:32–36 (story)
Philippians 2:5–8

Matthew 9:35–37 —

John 11:32–36 —

Philippians 2:5–8 —

What do you think this passage teaches us?

What can we learn about God or our response to God?

How do you think this passage relates to the statement we discussed earlier: "When we take time to get to know people, they sense we understand them better and they trust us more"?

apply that to life

▶ A : *"Jesus was also a human being, so we can know He understands our problems and we can trust Him more."* **lesson learned**

▶ D : *What are some things that prevent us from completely trusting Jesus?*

What is one action you can take this week to help you trust Jesus more?

action to take.

notes and preparation checklist

pray

- A
- B

m.
m m

connect

- A
- B

m am
m
m connect hear.

notes and preparation checklist

hear

- A
- B

Matthew 9:35–37

What are some human qualities we see in Jesus' response to the plight of the crowd?

John 11:32–36

What can we learn about Jesus from His responses to Mary and the death of His friend Lazarus?

- C
- D

Philippians 2:5–8

1. *What can we learn about Jesus from this passage? What did He give up for a while? What did He endure as a result?*

2. *Why do you suppose the Father sent the Son on this mission?*

Am

notes and preparation checklist

apply

- A
- B
- C
- D

hear apply.

Man Mini Journal.

tell someone they know

- ▶ A : **action to take.** *person to tell.*
- ▶ B : *"When we take time to get to know people, they sense we understand them better and they trust us more."*
- ▶ C : *"Let me tell you how I have experienced this."*
- ▶ D : *"Tell us how you have experienced this."*
- ▶ E : *"This is an important reason Jesus came to live on earth — so people would know He understands them and their problems."*

notes and preparation checklist

tell

- A
- B
- C
- D
- E

m m m m tell

4 Facts: Servant



B

Group Discussion Flow

connect with needs

- **person to tell** **m m**
 - : "People who are unselfish and serve make a powerful, positive impact on those around them."
 - , :
"Let me tell you how I have experienced this."
 - :
"Tell us how you have experienced this."
 - **"Jesus demonstrated that He was unselfish and sought to serve people."** **B** **rn**,

hear what God says

- John 13:1–17 (story)**
Mark 1:40–42 (story)
Ephesians 6:7–8

"Let me tell you how I have experienced this."

"Tell us how you have experienced this."

"Jesus demonstrated that He was unselfish and sought to serve people."

apply that to life

-  m : "Jesus lived His life on earth helping and serving others, and He asks us to do the same." ■  m

lesson learned

- D :
What are some things that keep us from helping or serving others?

What is one action you can take this week to help or serve someone else?

- ## ► ■ 2 m

tell someone they know

- A m m m
m m m .
■ m m m m
person to tell.

person to tell.

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Dashboard, "4 Helps".

notes and preparation checklist	notes and preparation checklist	notes and preparation checklist	notes and preparation checklist
pray <input type="checkbox"/> m. <input type="checkbox"/> m m	hear A <input type="checkbox"/> John 13:1-17 1. What are some qualities about Jesus we see in the act of washing the disciples' feet? 2. If we take the qualities of humility and serving beyond washing people's feet, what are some ways we can apply those qualities in the context of our daily lives? <input type="checkbox"/> Mark 1:40-42 1. What might be some reasons Jesus wouldn't want to touch the leper?	apply <input type="checkbox"/> D m hear apply. <input type="checkbox"/> B m <input type="checkbox"/> Servant Mini Journal.	tell <input type="checkbox"/> m m <input type="checkbox"/> m m tell
connect <input type="checkbox"/> <input type="checkbox"/> D m connect hear.			

4 Helps: Power



B

Group Discussion Flow

connect with needs

- **A** *action to take*
person to tell
 - **B** *m m*
 - **C** : "Daily life is challenging at times."
 - ," :
"Let me tell you how I have experienced this."
 - "Tell us how you have experienced this."
 - **B** *,*
"The Holy Spirit can give us power to cope with the daily challenges of life."

hear what God says

- () ନାମ / କର
C :
Galatians 5:16-23
Ephesians 3:16, 20
Acts 3:5-14 (story)
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C mm ନ :
Galatians 5:16-23 —
ନ ନ
ନ ନ
C
ନ
ନ
Ephesians 3:16, 20 —
ନ 4 ନ
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apply that to life

- ▶  m : "Daily life can be difficult, but the Holy Spirit gives us power for living." ■ m m lesson learned
 - ▶ D :
What are some things that keep us from experiencing the power of the Holy Spirit in our daily challenges?

What is one action you can take this week to overcome one of your life challenges through the power of the Holy Spirit?
 - ▶ ■ m m action to take.

tell someone they know

- A m k m
m m m .
► m m am a
person to tell.
m , m m ,
m m m .
► m m a

notes and preparation checklist	notes and preparation checklist	notes and preparation checklist	notes and preparation checklist
pray <input type="checkbox"/> m. <input type="checkbox"/> m m .	hear A <input type="checkbox"/> Galatians 5:16-23 1. How common are the acts of the sinful nature? (19 21) m am (m am). 2. How easy is it to implement the fruit of the Spirit in everyday life? (22, 23) D	<input type="checkbox"/> Ephesians 3:16, 20 <i>In your own words, how would you describe the power of the Spirit in light of verse 20?</i> our 	apply <input type="checkbox"/> D m hear apply. <input type="checkbox"/> B m m m <input type="checkbox"/> Power Mini Journal.
connect <input type="checkbox"/> m am <input type="checkbox"/> D m connect hear.		13 14)	tell <input type="checkbox"/> m m tell

4 Helps: Truth



B

Group Discussion Flow

connect with needs

- **A** *action to take*
person to tell
 - **m m**
 - **B** : "Sometimes it is hard to know what is true and what is false."
 - , :
"Let me tell you how I have experienced this."
 - **B** ,
"Tell us how you have experienced this."
 - **B** *wisdom*
"The Holy Spirit can give us wisdom in discerning what is true in spiritual matters."

hear what God says

- () ↗ B
C :

apply that to life

- m : "Sometimes it is hard to know what is true spiritually, but the Holy Spirit can enlighten us." ■ m

tell someone they know

- A l m k m
m m m m .
► ■ m m m m .
person to tell.

notes and preparation checklist

pray

-  m.

connect

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- www.connect-health.com

notes and preparation checklist

hear

- 1 Corinthians 2:10–12
What can we learn about the extent of the Spirit's knowledge from this passage?

 - John 16:13–15

notes and preparation checklist

apply

- D m hear apply.
 - B m .
 - P Truth Mini Journal.

notes and preparation checklist

tell

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m m
ma 2.2

4 Helps: Peace

Sometimes things overwhelm us emotionally, but the Holy Spirit can give us peace



B

Group Discussion Flow

connect with needs

- ▶ A : **action to take**
person to tell
- ▶ B : "Sometimes things overwhelm us emotionally."
- ▶ C : "Let me tell you how I have experienced this."
- ▶ D : "Tell us how you have experienced this."
- ▶ E : "The Holy Spirit can give us peace in these kinds of situations."

hear what God says

Romans 8:5–6
Acts 7:54–60 (story)
Galatians 5:22

Romans 8:5–6 —
Acts 7:54–60 —
Galatians 5:22 —

Galatians 5:22 —

- ▶ D : *What do you think this passage teaches us?*
- ▶ E : *What can we learn about God or our response to God?*
- ▶ F : *How do you think this passage relates to the statement we discussed earlier: "Sometimes things overwhelm us emotionally"?*

apply that to life

A : "Sometimes things overwhelm us emotionally, but the Holy Spirit can give us peace." **lesson learned**

- ▶ D : *What prevents us from receiving peace through the Holy Spirit?*
- ▶ E : *What is one action you can take this week to experience more of that peace?*

action to take.

B : **action to take**

tell someone they know

- ▶ A : **person to tell.**
- ▶ B : **person to tell.**
- ▶ C : **person to tell.**

notes and preparation checklist

pray

- A : m.
- B : m m .

connect

- C : m
 - D : m
- m **connect hear.**

notes and preparation checklist

hear

- A : m
- B : m
- Romans 8:5–6

1. In what ways can the mind of sinful man be characterized as "death"?
2. Similarly, in what ways can the mind controlled by the Spirit be characterized as "life and peace"?

- Acts 7:54–60

1. What are some adjectives you could use to describe Stephen's state of mind as he was facing both the anger of his accusers and death?

notes and preparation checklist

apply

- D : m **hear apply.**
- B : m

Peace Mini Journal.

notes and preparation checklist

tell

- A : m
- B : m
- C : m
- D : m
- E : m
- F : m
- G : m
- H : m
- I : m
- J : m
- K : m
- L : m
- M : m
- N : m
- O : m
- P : m
- Q : m
- R : m
- S : m
- T : m
- U : m
- V : m
- W : m
- X : m
- Y : m
- Z : m

4 Helps: Words

Sometimes we don't know what to say to minister to people, but the Holy Spirit can give us the words



B

Group Discussion Flow

connect with needs

- ▶ A : **action to take**
person to tell
- ▶ D : "Sometimes we want to help people in a tough situation, but we can't seem to figure out what to say."
- ▶ C : "Let me tell you how I have experienced this."
- ▶ B : "Tell us how you have experienced this."
- ▶ A : The Holy Spirit can give us the right words to say in various situations.

hear what God says

- ▶ A : Luke 12:11-12
1 Corinthians 2:1-8,13
1 Samuel 3 (story)
- ▶ C : Luke 12:11-12
- ▶ B : 1 Corinthians 2:1-8,13

apply that to life

- ▶ A : "Sometimes we don't know what to say to minister to people, but the Holy Spirit can give us the words." ■ **lesson learned**
- ▶ D : What prevents us from receiving from the Holy Spirit the right words to say to minister to others?
- ▶ C : What is one action you can take this week to find the right words to minister?
- ▶ B : **action to take.**

tell someone they know

- ▶ A : person to tell.
- ▶ C : Dashboard, ["4 Attitudes"](#).

notes and preparation checklist

- | | |
|----------------------------|------------------------|
| pray | |
| <input type="checkbox"/> A | m. |
| <input type="checkbox"/> B | m m |
|
 | |
| connect | |
| <input type="checkbox"/> C | m |
| <input type="checkbox"/> D | m connect hear. |

notes and preparation checklist

- | | |
|---|---|
| hear | |
| A | m |
| <input type="checkbox"/> Luke 12:11-12 | |
| 1. What is yet another role the Holy Spirit can play in our lives? | |
| 2. We may not be brought before hostile authorities to defend our faith but, day-to-day, what are some situations where we could benefit from the Holy Spirit showing us what to say? | |
| <input type="checkbox"/> 1 Corinthians 2:1-8, 13 | |
| 1. What can we learn from the way Paul approached the worldly-wise Corinthians? | |

notes and preparation checklist

- | | |
|----------------------------|----------------------|
| apply | |
| <input type="checkbox"/> D | m hear apply. |
| <input type="checkbox"/> B | m m m m m |
| <input type="checkbox"/> C | m |
|
 | |
| Words Mini Journal. | |

notes and preparation checklist

- | | |
|----------------------------|---------|
| tell | |
| <input type="checkbox"/> A | m |
| <input type="checkbox"/> B | m m |
| <input type="checkbox"/> C | m m |
| <input type="checkbox"/> D | m m m m |
| tell | |

4 Attitudes: Love

Love God with your whole heart and worship Him



B

Group Discussion Flow

connect with needs

- ▶ A : **action to take**
person to tell
- ▶ D : "Love is a crucial element in causing a relationship to deepen over time."
- ▶ C : "Let me tell you how I have experienced this."
- ▶ B : "This is also true in a relationship with God."

hear what God says

- ▶ B : **Matthew 22:36–38**
John 21:15–17 (story)
Deuteronomy 11:11–15 (story)
- ▶ C : **Matthew 22:36–38 —**
John 21:15–17 —
Deuteronomy 11:11–15 —

apply that to life

- ▶ D : "Love God with your whole heart and worship Him." **lesson learned**
- ▶ D : Why don't we always love God with our whole heart?
- ▶ What is one action you can take this week to start loving God more?
- ▶ B : **action to take.**

tell someone they know

- ▶ A : **m**
- ▶ B : **person to tell.**
- ▶ C : **m**
- ▶ D : **m**

notes and preparation checklist

- | | |
|----------------------------|------|
| pray | |
| <input type="checkbox"/> A | m. |
| <input type="checkbox"/> B | m m |
|
 | |
| connect | |
| <input type="checkbox"/> C | m am |
| <input type="checkbox"/> D | m |
| connect hear. | |

notes and preparation checklist

- | | |
|---|---|
| hear | |
| A : | m |
| <input type="checkbox"/> Matthew 22:36–38 | |
| 1. What are some other answers Jesus might have given besides, "Love the Lord your God...?" () | |
| 2. What may be some reasons Christ chose the "Love God" answer? | |
| <input type="checkbox"/> John 21:15–17 | |

notes and preparation checklist

- | | |
|----------------------------|---------------|
| apply | |
| <input type="checkbox"/> D | m hear apply. |
| <input type="checkbox"/> B | m m m m m |
| <input type="checkbox"/> C | m |
| Love Mini Journal. | |

notes and preparation checklist

- | | |
|----------------------------|---------|
| tell | |
| <input type="checkbox"/> A | m m |
| <input type="checkbox"/> B | m m m m |
| <input type="checkbox"/> C | m m |
| <input type="checkbox"/> D | m m m m |
| tell | |

4 Attitudes: Obey

Do what pleases God



B

Group Discussion Flow

connect with needs

action to take
person to tell

m m

"When we love people, we try to find ways to please them."

"Let me tell you how I have experienced this."

"Tell us how you have experienced this."

"This is also true in a relationship with God."

hear what God says

John 14:23–24
Matthew 21:28–32 (story)
Acts 5:27–33 (story)

m m m

John 14:23–24 —

m m m

Matthew 21:28–32 —

m m m

Acts 5:27–33 —

m m m

apply that to life

Do what pleases God." lesson learned

m m

Why don't we always choose to do what pleases God?

What is one action you can take this week to begin to please God more?

m m action to take.

m m m m m m m m

tell someone they know

A K m K m m

m m m m m m m m

person to tell.

m m m m m m m m

m m m m m m m m

notes and preparation checklist

pray

A m.
 B m m .

connect

C m m m am
 D m connect hear.

notes and preparation checklist

hear

A K m K

John 14:23–24

Why do you think that people will obey God if they really love Him?

connect

m

Matthew 21:28–32

- What seem to be the lessons of this parable?
- Give an example of a time when you promised someone (e.g. a parent or a good friend) that you would do

notes and preparation checklist

apply

D m hear apply.
 B m m m m m m m m

Acts 5:27–33
[Obey Mini Journal.](#)

1. What apparently were the risks to the apostles if they displeased the group of religious leaders?

2. What was their reasoning in taking those risks?

notes and preparation checklist

tell

A K m m m m tell

4 Attitudes: Use

Use well what God gives you, for His purpose



B

Group Discussion Flow

connect with needs

- ▶ A : **action to take** **person to tell**
- ▶ D : "When we are given something, it is a nice compliment to the giver for us to use it."
- ▶ C : "Let me tell you how I have experienced this."
- ▶ B : "Tell us how you have experienced this."
- ▶ A : "This is also true in a relationship with God."

hear what God says

- ▶ A : **Ephesians 2:10** **Ephesians 5:15–16** **Matthew 25:14–30 (story)**
- ▶ B : **Ephesians 2:10 —**
- ▶ C : **Ephesians 5:15–16 —**
- ▶ D : **Matthew 25:14–30 —**

apply that to life

- ▶ A : "Use well what God gives you, for His purpose." **lesson learned**
- ▶ D : Why don't we always use the gifts God has given us well?
- ▶ C : What is one action you can take this week to start using your gifts better?
- ▶ B : **action to take.**

tell someone they know

- ▶ A : **m** **m** **m** **m**
- ▶ B : **person to tell.**
- ▶ C : **m** **m** **m** **m**
- ▶ D : **m** **m** **m** **m**

notes and preparation checklist

- pray**
 - A m.
 - B m m .
- connect**
 - C m am
 - D m **connect hear.**

notes and preparation checklist

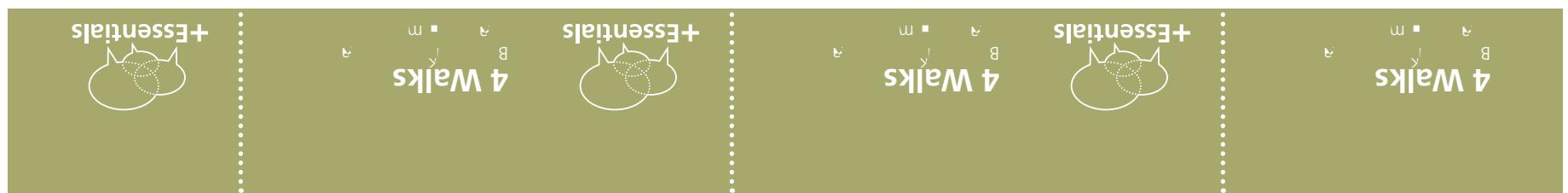
- hear**
 - A : **Ephesians 2:10**
 - 1. What can we learn from this verse about God's plans for each of us?
 - 2. What things might that encourage us to do better?
- Ephesians 5:15–16**
 - What are we encouraged to do in this passage?

notes and preparation checklist

- apply**
 - D **m hear apply.**
 - B m .
 - C **Use Mini Journal.**

notes and preparation checklist

- tell**
 - A m m m
 - B m m m
 - C m m m
 - D m m m



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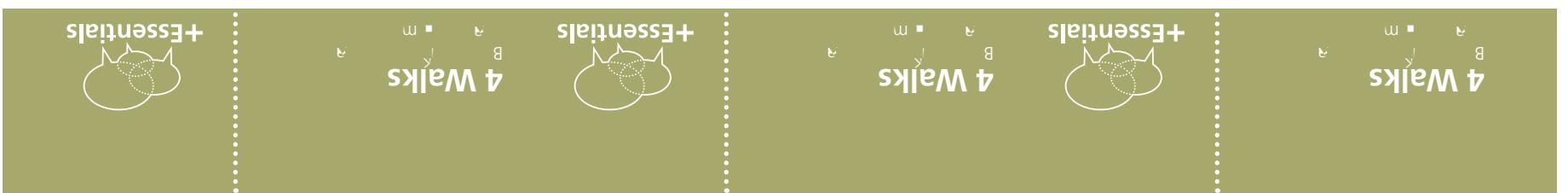
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4 Talks



4 Talks



4 Talks



Witness



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Witness



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Witness

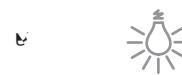


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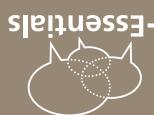


4

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Witness



Witness

4 Talks



4 Talks



4 Talks



Fellowship



Fellowship



Fellowship



Fellowship

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Love



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LOVE



+Essentials



4 Ministries



4 Ministries



4 Ministries

Love



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LOVE

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4 Ministries

+Essentials



4 Ministries



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Build



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Build



4 Ministries

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+Essentials



4 Ministries

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+Essentials



4 Ministries

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+Essentials



Send



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4 Ministries

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+Essentials

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4 Facts

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Man



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4 Facts
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+Essentials

4 Facts

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+Essentials

4 Facts

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+Essentials

Savior



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+Essentials



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4 Facts

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+Essentials

Servant



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4 Facts

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4 Facts

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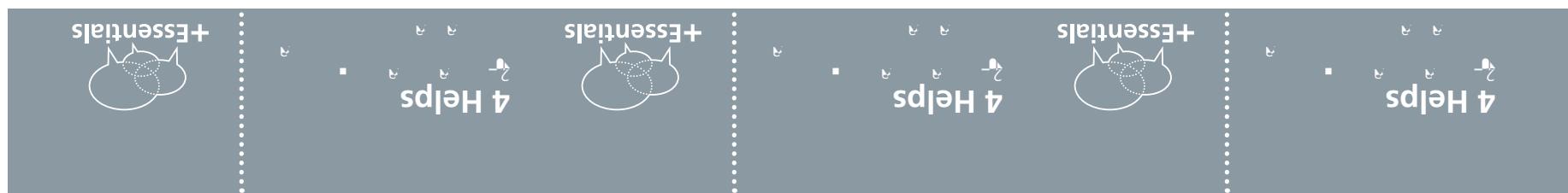
Power



POWER

POWER

POWER



4 Helps



4 Helps



4 Helps



Truth



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Truth



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Truth



4 Helps

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Peace



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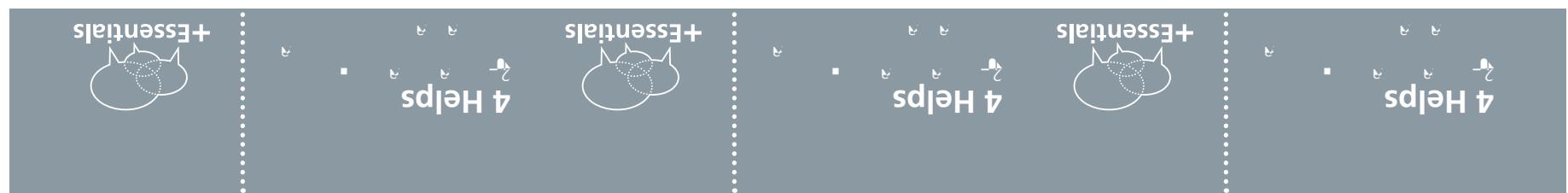
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Peace



4 Helps



4 Helps



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Words



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Words



Words



Words



4 Helps



4 Helps



4 Helps





Trust



4 Attitudes



Trust



4 Attitudes



Trust



4 Attitudes



Trust



4 Attitudes



4 Attitudes



4 Attitudes



Love



LOVE

LOVE

LOVE



▪ m

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4 Attitudes



4 Attitudes



4 Attitudes



Obey



Obey



Obey



Obey



4 Attitudes



4 Attitudes



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4 Attitudes



4 Attitudes



4 Attitudes



Use



85



Use



use



use



+Essentials

4 Attitudes

+Essentials

+Essentials

Essentials Mini-Journal Card Sleeve

Print on heavy paper or cardstock. Cut along solid lines. Fold panels in sequence along dotted lines. Tape or glue seams. Smile.



1

series _____

2

+Essentials

3